

Copycat Recipe: Applebee's Fiesta Lime Chicken

Eating out is fun, but it can take a huge bite out of your wallet.

Restaurants generally mark-up the cost of entrees over 300% just to cover their overhead. For a family of four, the cost to eat out can be over \$50. Add drinks and a tip and the cost is over \$70. By making your favorite restaurant dishes at home, you and your family can enjoy them for a fraction of the cost.

For instance, Applebee's charges about \$11.50 per serving for its delicious Fiesta Lime Chicken. If you make this in your own kitchen, the price shrinks to \$1.40 per serving!

The chicken needs to marinate for minimum of two hours, but cooking takes 15 minutes. You can prepare the marinade the night before and put the chicken in it so it's ready to cook the following day. This recipe serves four.

Ingredients:

1/3 C. teriyaki sauce	2 tbsp. chunky salsa, spicy
juice of ½ a lime	1 tbsp. milk
3 garlic cloves, minced	1 tsp. Cajun blackened spice mix
1 tsp. tequila (optional)	¼ tsp. dried parsley
1 tsp. liquid smoke	¼ tsp. hot sauce
½ tsp. salt	1/8 tsp. dried dill weed
¼ tsp. ground ginger	1/8 tsp. cumin
¼ C. mayonnaise	1 C. Colby-Monterey jack cheese shredded
	2 C. corn chips, crumbled
	1 lb. boneless skinless chicken breast

Directions:

1. Whisk together the first 8 ingredients, coat chicken in mixture, and marinate for at least 2 hours.
2. Whisk together the next 7 ingredients, cover, and chill until needed.
3. Grill the marinated chicken breasts for 3-5 minutes per side, or until cooked through. Discard marinade.
4. Brush grilled chicken with reserved dressing, sprinkle with cheese, and broil until cheese has melted.
5. Serve the chicken over a bed of crumbled chips.

To find other recipes for your favorite restaurant dishes, go to www.geniuskitchen.com and search for "copycat."

2018–2019 San Tan Credit Union Scholarship

Full details and application on our website

The deadline to apply has been extended to May 18, 2018.

The San Tan CU Scholarship is for \$500 per semester for one year at an Arizona college, university or community college for a 2018-year graduating senior in any of the school districts that San Tan CU serves. The scholarship may not be used at college, university or community college outside of the State of Arizona.

- Applicant or a member of their immediate family must be a member of San Tan CU.
- Applicant must be a graduating senior in a school district served by San Tan CU.
- Applicants must qualify for college admission and carry the hours considered by their college or university for a full time student, normally 12 hours per semester.
- Applicants must demonstrate financial need.

Preparing A Disaster Kit

The number of natural disasters, particularly weather-related disasters appears to be rising each year. We are lucky here in Arizona, but we still have our share of problems from Mother Nature. If you live in a fire or flood-prone area, you know you may only have seconds to get to safety. Since help may not arrive immediately, it's important to be ready for the aftermath of a disaster.

To prepare for such an event, create your own disaster supply kit, something you can grab quickly and easily as you head to safety. The kit should contain enough food, water, and other vital supplies to help you for at least 72 hours.

Your disaster kit should contain:

- Water – one gallon of water per person per day for at least three days, for drinking and sanitation.
- Food - at least a three-day supply of non-perishable food, including food for your pet.
- Manual can opener for food.
- Any prescription medications.
- Radio (hand-cranked or battery-powered – make sure you have extra batteries).
- Flashlight (hand-cranked or battery powered – make sure you

have extra batteries).

- First aid kit.
- Whistle to signal for help.
- Dust mask.
- Plastic sheeting and duct tape to create a shelter.
- Moist towelettes, garbage bags, and plastic ties for personal sanitation.
- Wrench or pliers to turn off utilities.
- Local maps.
- Cell phone with chargers and a backup battery.
- Copies of important papers in a sealable, waterproof bag. .

Store your items in a plastic bin or duffel bag and place it in an easily accessible place. If your work is far from your home, you may want to create a separate disaster kit for your car.

No one likes thinking about calamities, but giving a thought to a disaster prep kit now may save your life later. To get more helpful advice, go to www.ready.gov.



*With approved credit. Minimum credit score to qualify is for this rate is 730, vehicle value, term and other conditions apply. Call us at 480-963-5661 for details.

San Tan CU lobby hours:

Monday, Tuesday,
Wednesday, Thursday:
10 a.m. to 5 p.m.
Friday: 10 a.m. to 6 p.m.



2018 Upcoming Holidays

Memorial Day
Monday May 28—closed.
Independence Day
Wednesday July 4—closed.



78 West Ray Road, Suite 1
Chandler AZ 85225
www.santancu.org

Phone: 480-963-5661

Fax: 480-963-3574

Email: info@santancu.org

San Tan CU's Routing & Transit:
3221-72069

Wire Transfer Instructions:

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Catalyst Corporate FCU

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Beneficiary Financial Institution:

San Tan Credit Union

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