

## 6 Ways To Redesign Your Home After Covid-19

Lock downs and social distancing efforts during the Covid-19 outbreak has changed the world's society and the way we live. As people are confined in their homes and spending much more time indoors even after the lock downs are lifted, home designs will need to adapt to the new lifestyles.

This new reliance on the homes and the new norm will carry on for at least a few years or may be a permanent fixture as society gets used to these new living habits.

**The New Gym At Home**—The lock downs have gym enthusiasts and health-conscious people adjusting to carved out gyms at home, some complete with technology setup for virtual exercise classes. Selecting a dedicated space for the types of exercise is a must to ensure one stays focused during gym time. Mirrors, the right flooring, and a proper storage area for equipment helps to keep the routine ongoing.

**The New SOHO - A Permanent Home Office**—Kids screaming, dogs barking, and sounds from the TV is not a conducive working environment. As working from home becomes the new norm, people are transforming areas in their homes into a permanent office. The ideal space would be one that is free from distractions and noise, with a focus area designed to motivate and inspire. This will serve as the virtual meeting backdrop as well. Ensure that the new permanent home office can serve as a classroom or has a special corner for kids' online classes.

**The New Restaurant for The New Chef At Home**—As new chefs emerge at home from the lock downs, it's no wonder that people are transforming their kitchens into a serious top chef's kitchen. More storage spaces are needed for new kitchen appliances like bread machines, ice-cream makers, and cold-

brew coffee machines that make the amateur chef produce restaurant-style food. Pantries are now a necessity as people make fewer trips to the stores and store more food.

**The Versatile Entertainment Center**—Humans are social creatures. A need to socialize through activities like going to the movies, concerts, and gatherings at the local joints had to be substituted by makeshift

entertainment centers at home during the outbreak. Empty spaces in the living room are converted into cocktail bars. The sofa and coffee table are rearranged for home entertainment systems and to watch virtual concerts. The home has also turned into a safer place to entertain friends instead of the local hangouts, thus, the need for an entertainment

center.

**A Sanitized and Safe Home**—The New England Journal of Medicine has published a study on how long the coronavirus can live on different surfaces, for example, up to four hours on copper, up to 24 hours on cardboard, and up to two to three days on plastic and stainless steel. From these findings, people are looking for home materials that are easy-to-clean and disinfect. Metal doorknobs will lose out to wood for example. For floors, renovators will be looking at tiles rather than other materials due to the fact that it's easy to clean.

**The Future of Home Design**—While the pandemic forced almost everyone to reorganize their homes in some way or the other, the long hours at home have given many to rethink and to re-imagine those living spaces from scratch. Adapting to the new normal has opened up many new possibilities.



*The ideal space would be one that is free from distractions and noise. A focus area designed to motivate and inspire is essential.*

# Scary Good— Take the fear out of trying unfamiliar produce

(Family Features)

Introducing kids to unfamiliar flavors doesn't have to be a frightful experience. Getting creative and taking cues from some beloved characters may be all it takes for families to explore produce in a new way and discover how delicious, satisfying and enjoyable fresh fruits and vegetables can be. A passion for produce may begin with America's favorites, like bananas, apples, citrus, celery, carrots and broccoli, but that's just the beginning. Whether it's their angry names and tough exteriors, or simply a fear of the unknown about taste and preparation, dozens more diverse and exotic fruits and vegetables like dragon fruit, horned melon and Brussels sprouts are often the sources of produce paranoia.

An initiative from Dole, in collaboration with Disney and Pixar's Monsters, Inc., is helping to take the scare out of specialty fruits and vegetables and widen America's produce horizons. That's because, like a good book or the characters in a beloved film, you can't judge a fruit or vegetable by its appearance; nature's true beauty often lies within.

The campaign offers character-

suggestions, digital and social activations, family-friendly activities, fun trivia and influencer partnerships that celebrate the not-so



-scary world of the planet's more unusual fresh bounty. One easy way to introduce new

flavors is by trying a variation of a familiar fruit or veggie. For example, there are more than 500 edible banana varieties in the world. You



might sample a red banana or a Manzano, or even an ice cream banana, with a taste resembling vanilla custard.

The fun and kid-friendly Green Slime Nacho Cups feature plantains, for example, a member of the banana family with a different taste and texture than everyday yellow bananas – more firm and



starchy like a potato. Increase your family's produce intake even further with a Slippery Slimy Smoothie and Chicken Stuffed Roz Heads, which call for green grapes, celery, avocados, strawberries and

blueberries.

Find more recipes and other not-so-scary fun at [dole.com/Disney](http://dole.com/Disney), and follow #Dole and #DoleRecipes.



## TEMPORARY lobby hours:

These hours help facilitate cleaning and disinfecting our lobby.

Monday—Friday:

10 a.m. to 12:30 p.m.

Closed 12:30 p.m.—2 p.m.

Open 2 p.m.—4:30 p.m.

Phones service is available

Monday—Friday

10 a.m.—4:30 p.m.



## 2020 Upcoming Holidays

Monday Oct 12—Columbus Day  
 Wednesday Nov 11—Veterans Day  
 Thursday Nov 26—Thanksgiving Holiday  
 Friday Nov 27—Thanksgiving Holiday  
 Thursday Dec 24—Close at Noon.  
 Friday Dec 25—Christmas Day



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Receiver Depository Institution:  
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Beneficiary

Your name & account number

